

Volunteer Position Description



TITLE

Head Coach

KEY RESPONSIBILITIES

- Assist with the recruitment of Athletes, Coaches and Sports Assistants.
- Create, organize, and conduct a comprehensive sports training program.
- Assist in the management of Athlete eligibility and/or medical files.
- Assist in the management of the Coaches Education requirements for your team.
- Responsible for abiding by the Coaches Code of Conduct.
- Teach all athletes the rules of the sport and sportsmanship.
- Prepare athletes for higher-level competition advancement.
- Create and maintain a positive and fun environment for all athletes.
- Handle and maintain all appropriate team documents throughout the sports season.

INITIAL IMPACT

- Head Coaches teach the skills and instill the spirit that defines a true athlete; they are role models and character builders.
- Head Coaches help athletes identify and develop their own strengths and abilities while showing them how to build upon those strengths and improve every day.

SUSTAINED OUTCOME

- By becoming a Head Coach, you will enrich the lives of the Athletes in many life-changing ways.
- You will help the Athletes develop skills and confidence that will aid them in their career path and will have a long-lasting effect.
- You will get to know the Athletes who you inspire on a personal level.
- The return in coaching is priceless. Head Coaches become more than a teacher, mentor, and role model. Head Coaches are seen as a leader to the Athletes and community.

TRAINING & SUPPORT

- All Head Coaches will receive the highest and most up-to-date level of coaching knowledge through our Coaches Education program.
- Continuous support is provided by the Coaches Education program.

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COMMITMENT

- This position requires one weekday or weekend (approximately 2-3 hours) for practice during an 8 (minimum) to 12 (maximum) week season with occasional time during the week (approximately 1-2 hours) for planning.
- This position requires 2-3 weekends for athlete competitions during the season.

QUALIFICATIONS

- At least 18 years or older with a valid driver's license.
- Commitment to the Mission and Philosophy of Special Olympics Southern California.
- Must submit an online volunteer application that will include a background check, an online Protective Behaviors Training course, and an online Concussion Training course.
- Complete both the Training Special Olympics Athletes (TSOA) course and Sports Specific Skills Training course.
- Complete the General Volunteers Orientation.
- Re-certification required every 3 years for background check, Protective Behaviors course, Concussion Training course, and Sports Specific Skills course.
- Mandatory to meet all Head Coach requirements during the sport season.
- Must have knowledge and/or coaching experience in the sport that you are coaching.
- Previous experience in working with individuals with intellectual disabilities preferred.

BENEFITS

- Ability to develop and implement a comprehensive and unique sports training program.
- Become a mentor.
- Meet new people and build long lasting relationships.
- It is a great opportunity to experience enthusiasm, enjoyment and personal achievement.
- To be an integral part of the Mission of SOSOC.

SKILLS

- Strong attention to detail and organizational skills.
- Excellent communication skills.
- Able to show empathy and patience.
- Ability to build relationships with the Athletes, other Coaches and families.
- The ability to inspire confidence and motivate participation.
- Knowledge and enthusiasm about the sport.

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Southern California



- Have the ability to assess and solve problems.
- Able to lead Athletes, Coaches, and Sports Assistants.
- Commitment to sports participation for all.